

Indiana Aims To Be A Big Hospital Chain In Five Years: Dr. Yusuf Kumble

In an interview to AFTAB H. KOLA, Dr. Yusuf Kumble, Managing Director, Indiana Hospital and Heart Institute Ltd., Mangalore, speaks about his vision for the medical facility, its expansion and the investment roadmap.

PULSE: Where do you see Indiana Hospital in the next five years?

Dr. Yusuf Kumble: Indiana Hospital, as a brand, is looking to expand its facilities across the region. We are now engaged in planning and working to set up new hospitals in tier-II and tier-III cities in the next few years. We have already started branches in a few smaller cities. For example, we have revamped our cardiac hospital in Chitradurga while a new speciality hospital is coming up in Hassan. While we already have a cardiology department at a hospital in Hassan, we are now setting up our own standalone hospital there. In Kerala, we recently opened a new hospital at Bekal. On December 10, 2023 we opened the Indiana TMH Cardiac Care Centre at Thalassery. Big plans are also on the anvil in Kannur and Calicut. We have already started working on some of these hospitals which will eventually transform Indiana into a hospital chain. Going forward, the company aspires to become a top player in Coastal and Malnad Karnataka as well as in North Kerala, besides increasing its footprint to have a significant presence in other markets.

All these need huge investments. Where do you expect to get the funds from?

Yes, huge capital is required to fulfill our plans. My target is to reach about Rs 1,000 crore in annual revenue in a year. If we are able to do that, we intend to tap the equity market to fund our expansion plans. With high investor interest in healthcare facilities in the aftermath of the Covid-19 pandemic and surging diseases, raising capital through initial public offerings is one of the options. We are considering listing on stock exchanges in India.

Are you planning to expand your flagship Indiana Hospital in Mangalore?

As far as Indiana Hospital in Mangalore is concerned, we have planned a complete overhaul of our oncology and paediatrics departments. Preparations have just started to set up a full-fledged oncology centre with facilities for medical and surgical oncology services.



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Next Age Is Mainly For Transplant And Organ Donation

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The oncology centre will offer comprehensive treatment to cancer patients with the help of advanced diagnostic and treatment facilities. We have a good supportive infrastructure with qualified and well-trained medical professionals, which can make all the difference in prognosis and progression of the disease.

Although we have a full-fledged Children's Institute, we are working towards adding a few more services like paediatric oncology, paediatric neurology and paediatric gastroenterology. Our department of cardiology is a name to reckon with in this part of the state. A high-tech electrophysiology setup capable of performing radiofrequency (RF) ablation procedures is also being planned. We will introduce the latest technology Rotablator and 3D mapping system. As you are aware, we recently upgraded our cath lab by adding more sophisticated equipment to it.

With heavy competition in the healthcare sector, how will Indiana Hospital be different from others to attract more patients?

Our strength is our quality. It is a miracle to sustain in a city like Mangalore with about 2,000 doctors. Our patient profile is equally divided between Karnataka and Kerala. North Kerala has many hospitals and more are coming up. Mangalore has many big hospitals, so surviving itself is a big challenge, forget making a profit. But our strength is quality doctors and quality services. For better treatment, coordination among doctors is key. Indiana has a certain edge over others. We have a pool of highly qualified, highly trained in-house specialists who are neither engaged in teaching nor do they practise outside our hospital. They are more focused on inhouse patients. High-end diseases should be treated by a team of specialists, and our USP is a team approach in dealing with treatment.

Which latest technology do you think can revolutionise healthcare in India? Indian healthcare is on the cusp of a new phase of personalised care heralded by new-age technologies such as artificial intelligence and robotics. Is Indiana in the picture?

Artificial intelligence is, no doubt, rapidly transforming healthcare in India, bringing unprecedented tools for diagnosis, treatment and patient care. It is adding new capabilities to the health sector at astonishing speeds.

The next age is mainly for transplant and organ harvesting. Also, there are new trends in the Indian cancer landscape. With the help of artificial intelligence, improved treatment modalities are now available. Molecular genetics and immunotherapy are two examples. But these are too costly right now and not common. But with technology, their cost may be reduced in the near future and these may become more affordable.

(Aftab H Kola is the Editor of Indiana Newsletter PULSE)

Nurses trained on infection control in oncology

MANGALURU -- Indiana Nursing team participated in the external training at the Zulekha Yenepoya Institute of Oncology at Deralakatte on Jan 5, 2024. Dr Rajesh Krishna, the visiting consultant General Physician specialized in Haematology/Haemato Oncology at the Yenepoya Specialty Hospital and others spoke on 'Infection control in oncology'. The nursing staff have thanked the Indiana Management, especially Dr. Adithya Bharadwaj, for encouraging nurses to participate and gain insights which help serve patients better.



CME on Paediatrics held

MANGALURU -- Indiana Hospital & Heart Institute Ltd., in collaboration with the Indian Academy of Paediatrics (IAP) DK Branch, hosted a Continued Medical Education (CME) on January 3, 2024 at Hotel Sai Palace, Mangaluru.

Dr. Shashikiran K.B., Mysuru, IAP Karnataka Secretary 2024, presented a paper on "Basics of Fluid and Electrolytes." Dr. S.N. Mothi, Mysuru, IAP Karnataka President 2024, spoke on "Current Trends in Paediatric HIV/AIDS." The event was graced by Prof. Dr. Ali Kumble, chairman, Indiana Hospital and Dr. Abhishek K Phadke, Consultant Neonatologist at Indiana Hospital.



Indiana TMH Cardiac Centre Inaugurated in Thalassery



Thalassery – The Indiana TMH Cardiac Centre here was formally inaugurated by Kerala Assembly Speaker A.N. Shamseer.

At a ceremony held on December 10, 2023 at the Indiana TMH Cardiac Centre, A.N. Shamseer lauded the initiative and urged people to take advantage of the advanced cardiac centre.

The cardiac centre, equipped with state-of-the-art cath lab, was launched at Thalassery Mission Hospital in collaboration with Indiana Hospital and Heart Institute, Mangalore.

All India Congress Committee member V.A. Narayanan released the ‘Hruday’ Cardiac Health Checkup Package on the occasion. Priced at Rs 999, the package offers patients consultation with an interventional cardiologist and ECG and Echo/TMT tests for early detection of heart problems.

Dr. Yusuf A. Kumble, managing director, Indiana Hospital hoped that the centre would be a boon to the people of the region.

Among those present were Dr. Ali Kumble, chairman, Indiana Hospital and Heart Institute; Dr. KJ Mohan, chairman, TMH; Satish Rao, managing director, TMH; Dr. Piyush N. Namboothiripad, district medical officer; Dr. Arvind C. Nambiar, president of Indian Medical Association - Thalassery Unit; and Shabeer C.O.T., municipal councillor.



For Inquiries & Bookings Call:

9446203880, 0490 2323880

Call For Increased Awareness On Organ Donation



Mangaluru -- Dr. Yusuf Kumble, chief interventional cardiologist and managing director, Indiana Hospital and Heart Institute, stressed the need for concerted efforts to raise awareness and educate the public and healthcare professionals about organ donation and kidney transplantation. “By doing so, we can address the critical shortage of organs, alleviate the suffering of patients, and ultimately save lives,” Dr Kumble said during an awareness programme on organ donation held at the Indiana Hospital on October 26.

He said organ transplantation, particularly kidney transplantation, has a long history in India, but it is unfortunate that awareness of this life-saving procedure has not reached many tier-two and tier-three cities. “As an MBBS student, I thought that kidney transplants would become as common as ECG over time. However, the reality is far from this. At Indiana Hospital, we conduct 800-1,000 dialysis sessions every month, but finding a kidney donor once a month is a rarity. The patients and their families are facing dire situations, both medically and financially. The emotional toll is also immense,” he said.

Indiana Hospital has successfully performed three cadaver kidney transplants, but significant obstacles remain, including the lack of awareness and religious concern that some individuals have about organ donation. “To address these challenges, we must engage in a multi-pronged approach including public awareness, and dispel myths and misconceptions. The government should establish clear rules and regulations for organ transplantation, mirroring the successful models from other countries. Further, there is a need to promote organ donation and transplantation consistently.

for uniform laws and policies across India, to At present more kidney transplants are happening in Kerala when compared to Karnataka,” he added.

Speaking as a chief guest, Dr. Sadananda Poojary, urosurgeon, Wenlock District Hospital, asserted that the process of kidney donation is transparent. He urged the public to make use of the National Organ and Tissue Transplant Organization (NOTTO) website and pledge organs. Dr. Pradeep KJ, senior consultant nephrologist and kidney transplant physician at Indiana Hospital, said that it is estimated that approximately 10-15 out of every 100 individuals in India may be living with some form of kidney disease, often without even realising it.

“Kidney transplantation is universally recognized as a superior alternative when compared to hemodialysis. It not only enhances the quality of life, but is also considered a safe procedure, with the majority of kidney donors worldwide experiencing positive outcomes. The burdens of dialysis are truly understood only by the individuals and their families who go through it,” he said.

The hospital felicitated Vanaja, a relative of 16-year-old Yashraj, a road traffic accident victim, whose organs were harvested after Yashraj was declared brain dead last year. They also felicitated Laveena and Padma, coordinators for Jeevasarthakathe.

Dr. Ali Kumble, chairman, Indiana, Dr. Shruvan R Shanbhag, Dr Mujeeb Rahiman, consultant urologist and Dr. Anvitha consultant nephrologist, were present.

Members of staff staged a skit to raise an awareness about organ donation. For kidney transplant registration and any clarification, contact: The Transplant Coordinator, Indiana Hospital, Mangaluru; ph: 9019021908.

Indiana Institute of Allied Health Sciences Conducts Orientation Program

MANGALURU -- The Indiana Institute of Allied Health Sciences, Mangaluru held an orientation program for its first-year students at Indiana auditorium in the third week of October. The management of the college took the students through the courses offered, college discipline, etc.

The Institute of Allied Health Sciences offers a total eight

1. Medical lab technology
2. Renal dialysis technology
3. Anaesthesia and operation theatre technology
4. Cardiac care technology
5. Perfusion technology
6. Imaging technology
7. Emergency and trauma care technology and
8. Bachelor of occupational therapy.

All these allied health sciences courses will be offered under the Rajiv Gandhi University of Health Sciences.



Getting Acquainted With The College



MANGALURU -- An orientation programme for physiotherapy and occupational therapy students of Indiana College of Physiotherapy was held at the Indiana auditorium in the third week of October. The Institute offers a three-year BPT programme for aspiring physiotherapists. The course is offered in a dedicated facility at Belme village in Derelakatte, Mangaluru. As one of the fastest-growing professions in the world, physiotherapy offers a range of exciting options for those interested in the field. According to the World Health Organisation, the health sector needs to scale up on the number of rehabilitation professionals as the prevalence of health conditions associated with severe levels of disability is increasing rapidly around the world.

Dr. Abhishek is IAP DK President



Dr. Abhishek K. Phadke, senior consultant neonatologist and paediatrician at Indiana Hospital, Mangalore, has been elected as president of Indian academy of paediatrics (IAP) for Dakshina Kannada district for the year 2024.

Dr. Abhishek K. Phadke is an Example of excellence and unwavering dedication in the field of neonatology and paediatric care. Currently serving as the Senior Consultant Neonatologist and Paediatrician and overseeing the Neonatal & Pediatric ICU at Indiana Hospital, Mangalore, his commitment to the well-being of newborns and children is truly commendable. Originating from Ujire, Dr. Phadke has charted an illustrious academic journey, starting with securing the 1st rank in SSLC board examinations at the Taluk level and culminating in a gold medal at the national level Neonatology examinations. With over a decade of hands-on experience in his field, he persistently pursues the noble cause of saving precious lives. Dr. Phadke held the position of Executive Board member of the National Neonatology Forum (NNF) Karnataka State in 2018-2019. His leadership extends beyond the hospital, as evidenced by his past role as the Honorary Secretary of the Indian Academy of Paediatrics, Mangalore in 2022, where he received acclaim for elevating the district branch to national recognition. As the President of the Indian Academy of Pediatrics, Mangalore for 2024, Dr. Abhishek K. Phadke continues to be a guiding light, making significant contributions to the progress of pediatric healthcare in the region. Indiana Hospital extends its best wishes to him!

Indiana Celebrates 12th Founding Day



Indiana Hospital and Heart Institute, Mangaluru celebrated its 12th foundation day on November 12, 2023 by cutting a cake.

Stress on relevance of Radiology

The department of Radiology at the Indiana Hospital observed radiology Day in order to draw attention to the developments in the discipline of radiology.



OUR IN-HOUSE DOCTORS - 24x7

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