

Challenging procedure performed successfully on Kenyan at Indiana



Mangaluru - Indiana Hospital & Heart Institute, in yet another milestone, performed a minimally invasive procedure using a transcatheter technique on a Kenyan patient who was advised redo bypass surgery where she was first treated.

A 65-year-old lady from Kenya who had mitral valve disease had undergone bypass surgery and the valve was replaced in 2014 at a hospital in Ahmedabad. After a gap of 8 years, she had degeneration of the valve; in other words, the artificial valve started malfunctioning which resulted in heart failure. This condition was further worsened with respiratory issues and pulmonary hypertensions. When she came back to the same hospital in Ahmedabad, they advised to change the valve again, meaning repeating the surgery which was a risky affair.

The patient party came to know of Indiana Hospital and

consulted Dr. Yusuf Kumble who advised an alternative option of not undergoing any bypass surgery. He suggested that the valve can be changed without removing the old valve through an interventional technique and was very challenging. The entire procedure done in the second week of January 2023 was completed within one hour successfully. “Valve in valve technique is one of the rare situations where the mitral valve is replaced without opening the heart. It is called transcatheter mitral valve replacement,” said Dr. Yusuf Kumble, chief cardiologist and managing director, Indiana Hospital.

Dr. Yusuf Kumble and his doctors in Indiana Hospital did a fantastic job in one hour time. The patient was mobilized within 8 hours and was able to move out of ICU in 24 hours. The patient discharged after 6 days of hospitalisation.

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Rare heart procedure performed...

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It may be recalled that for the first time, TMVR was done in 2019 in Karnataka at Indiana Hospital, Mangaluru. TMVR, also known as transcatheter mitral valve replacement, is a relatively recent technique of replacing the mitral valve in the heart without the need for conventional open-heart surgery.

Dr. Ali Kumble, chairman, Indiana Hospital, Dr. Apoorva S, medical director, and Dr. Sandhya Rani were also present.

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Indiana conducts health camps



Health camp conducted at regional office of Union bank, Mangalore on November 22, 2022. Dr. Anjana Lakshmi from Emergency Medicine Department, Indiana Hospital and other staff examined the patients. More than 140 employees of the Union Bank benefited from the camp.



Oncology camp held at Puttur in association with Rotary Club. A total of 75 members attended the camp.

Indiana Hospital converts its oncology dept. into a full-fledged **Cancer Centre**

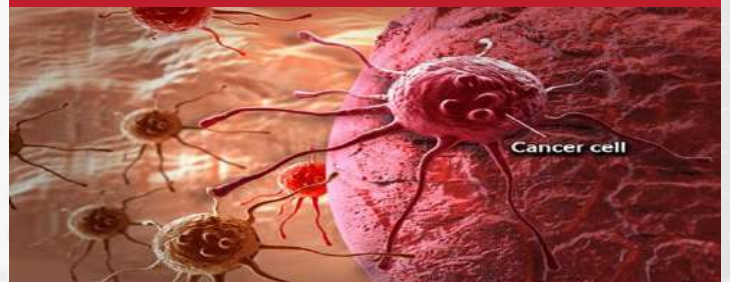


Mangaluru – To mark Cancer Day celebrations, the Indiana Cancer Centre was inaugurated on February 10 at the Indiana Hospital and Heart Institute, here. Addressing the gathering, Dr. Ali Kumble, chairman, Indiana Hospital & Heart Institute, said, “Have a belief that cancer can be cured only then will the treatment succeed. In the past there was no treatment for cancer but now the disease can be cured by proper treatment. As a doctor it's our responsibility to educate the patients. Some cancer occurs due to food habits and smoking. By educating the patients we can give proper treatment.”

Oncologist Dr. Ramnath Shenoy said, “We need to educate the cancer patients of the various treatments available. Every year, the number of cancer patients is increasing. If detected early, cancer can be completely cured. By regularly exercising for one hour a day, incidences of cancer can be reduced. Avoiding drinking and smoking can also reduce incidences of cancer. Many people are apprehensive about taking chemotherapy because of its side effects. Once the chemotherapy is completed hair grows back to normal.” Dr. Ajay Kumar, surgical oncologist, welcomed the gathering and spoke on the relevance of Cancer Day.

Dr. Adithya Bharadwaj and Dr. Apoorva Sriyayadeva were present on the occasion. Earlier, Indiana hospital observed World Cancer Day for creating awareness about the disease and early diagnosis and the treatment. Indiana Hospital converted its oncology department into a full-fledged Cancer Center (ICC), the inauguration of which was held on Feb 10, 2023 by old cancer patients along with other dignitaries. More than 150 cancer related surgeries were done last year, including super-major surgeries like Ureteral VATS Lungs Surgery, Liver Organ Preservation surgeries for liver cancer and many more. More than 100 cancer patients, including both adults and paediatric patients, were given chemotherapy in the last 4 months.

A lifeline



The Indiana Cancer Centre offers comprehensive oncologic care through multidisciplinary management manned by an efficient pool of professional oncologists for Medical Oncology, Surgical Oncology and Radiation Oncology. It has state-of-the-art diagnostic and treatment facilities under one roof. All high-end surgeries like laproscopy, VATS & HIPEC are performed here. All kinds of chemotherapy which include targeted and immunotherapy treatments are available for both blood and solid cancers in adult and children. The Centre is also empanelled with all types of schemes like MEDISEP, Ayushman Bharat, KASP and other insurances so that patients can get good quality treatment for an affordable cost. Specialists include Dr. Ajay Kumar, consultant surgical oncologist; Dr. Ramnath Shenoy K., consultant medical oncologist and Dr. Navaneeth Kamath, consultant orthopaedic onco surgeon.

Advanced cath lab inaugurated at Indiana Hospital



MANGALURU - It was yet another milestone for Indiana Hospital & Heart Institute, Mangaluru a 300-bed, NABH accredited corporate hospital.

A new, advanced cardiac catheterization lab (cathlab) was inaugurated on its premises by Ravikumar M R, IAS, deputy commissioner and district magistrate of Dakshina Kannada district. At the inauguration held here on December 5, 2022, the DC appreciated the services of Indiana hospital during covid times.

He said, "Technology today is making complicated surgery simple and quick and Indiana hospital is keeping pace with the time in adopting new technology.

"Technology today is making complicated surgery simple and quick and Indiana hospital is keeping pace with the time in adopting new technology. I offer my full support to the hospital in serving the health needs of the people."

I offer my full support to the hospital in serving the health needs of the people." Congratulating Indiana hospital, Jayananda Anchan, mayor,

Mangaluru City Corporation (MCC) recalled the excellent services rendered by Indiana hospital during covid times.

Dr. Kishore Kumar, the district health officer of Dakshina Kannada district, appreciated the support extended by Indiana Hospital for needy patients.

Dr. Yusuf Kumble, managing director, Indiana Hospital, welcoming the guests asserted that Indiana is a well known cardiac centre in south India well equipped with state-of-the-heart facilities.

Balanced lifestyle key to renal health

Mangaluru - Creating greater awareness about renal health and a balanced lifestyle was the subject of a health talk by Dr. Pradeep K.J. at CISF Campus, MRPL on November 2, 2022. The topic was, 'How to identify and prevent kidney disease'. The session was co-ordinated by Naved Yusuf.



CME on perinatology held



MANGALURU - Indian Academy of Paediatrics (IAP), in association with Indiana Hospital, Mangaluru, organised a CME on 'Perinatology: Caring both ends of the cord' on 26th December 2022.

Dr. Abhishek K. Phadke, consultant neonatologist and IAP DK Secretary, was the coordinator for the programme.

The chief guest of the event was Dr. Santhosh T. Soans, IAP National President 2018, along with other

office-bearers of IAP DK.

The CME featured talks by an eminent faculty including Dr. Bhavana Sherigar and Dr. Zulfiya, consultant obstetricians at Indiana Hospital, as well as Dr. Vijay Mahantesh, consultant paediatric surgeon.

Dr. Ali Kumble, chairman, Indiana Hospital welcomed the gathering. About 50 paediatricians and obstetricians from Mangalore participated in the well-organised event.

Free health camp at Udma gram held Udma (Kasargod)

Indiana Hospital Bekal, in association with Udma Gram Panchayath, successfully conducted a free health camp on February 7, 2023. Doctors with expertise in Oncology, Cardiology and Gynaecology provided free consultation along with free echo, ECG and 20% discount on selected lab tests.

A large number of people benefited from the camp which was inaugurated by L. Lakshmi, presi-

dent - Udma Gram panchayat and Davadhas, secretary - Udma Gram panchayat. The objective of the camp was to spread awareness about the benefits of pre-natal and post-natal care for mothers and babies and to provide quality healthcare services at an affordable cost.

The same day, Indiana launched a special 'Mom and Baby Normal Delivery Package' for Rs. 8999.



Pharmacy workshop held

MANGALURU – A workshop on the 'Role Of Pharm.D in Indian Healthcare' was organised on February 12, 2023. Held under the aegis of Indiana Hospital, in collaboration with Avenida, Dr. Karthik Rakam, Pharm.D, CEO and Co-Founder of Avenida, enlightened over 75 students who attended the workshop from different places with important aspects of drug therapy problems that can be encountered in clinical practice. Indiana Clinical Pharmacist, Dr. Fathimath Hasna, was the organising secretary for the workshop.



Indiana Celebrates Children's Day



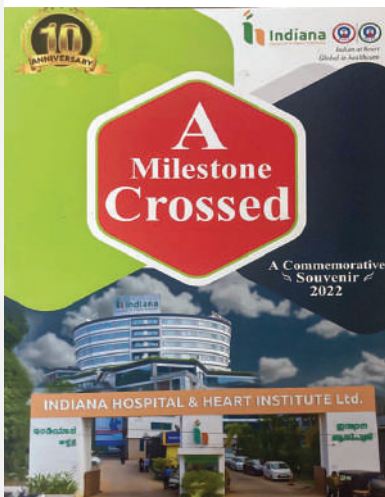
MANGALURU - Staff of Indiana Hospital and Heart Institute's paediatrics department took part with children in various fun-filled activities and games on the occasion of Children's Day on November 14, 2022.

Indiana vice-chairman Latheef felicitated

Indiana decennial souvenir released

MANGALURU – Abdul Latheef, vice-chairman of Indiana Hospital and Heart Institute, was felicitated at a function held on January 2023 at Hotel Ocean Pearls, Mangaluru on being elected to the Board of Oman Chamber of Commerce and Industry, Muscat. Abdul Latheef is based in Oman and is the managing director of Badr Al Samaa group of hospitals. Congratulating Abdul Latheef, Dr. Yusuf Kumble, managing director, Indiana, said that it is a moment of pride for us that our own director has been elected to a coveted institution in the GCC.

A beautiful Indiana decennial souvenir was also released on the occasion. The souvenir is edited by Aftab H. Kola, head of corporate communications, Indiana Hospital. Also present on the occasion were Dr. Ali Kumble, chairman, Indiana Hospital; Kasargod MLA N. A. Nellikkunnu; Manjeshwar MLA AKM Ashraf, and a host of other dignitaries.



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