

CROSSING A MILESTONE, CELEBRATING A SUCCESS



MANGALORE – Indiana Hospital and Heart Institute celebrated its tenth anniversary in a grand manner on March 19, 2022, at Surya Woods here. The mood was celebratory with the venue being decked up in fairytale decorations.

Inaugurating the event, Yenepoya Abdulla Kunhi, Hon. Chancellor, Yenepoya Deemed-To-Be-University, Mangalore, lauded the services of Indiana.

Rev. Fr Richard Aloysius Coelho, Director, Father Muller Institutions, was the chief guest.

Delivering the keynote address, Dr. Yusuf Kumble, Managing Director and Chief Interventional Cardiologist, Indiana Hospital, said: “We take great pride and feel great contentment in saying that Indiana Hospital has crossed the 10-year milestone. The idea of setting up a hospital in Mangalore occurred to us when I and my brother Dr. Ali Kumble were at the Grand Mosque in Makkah for Hajj in 2005.

We worked towards it, and the dream was realised on Nov 11, 2011, when Indiana Hospital and Heart Institute

was inaugurated with du’a by Moulvi CM Abdullah Musliar Chembarika, Mangalore Kazi, who happened to be Indiana’s first patient.”

He added, “Within a decade, we have been able to deliver what we promised – a hospital with state-of-the-art facilities, expert consultants available 24x7 and affordable fees.”

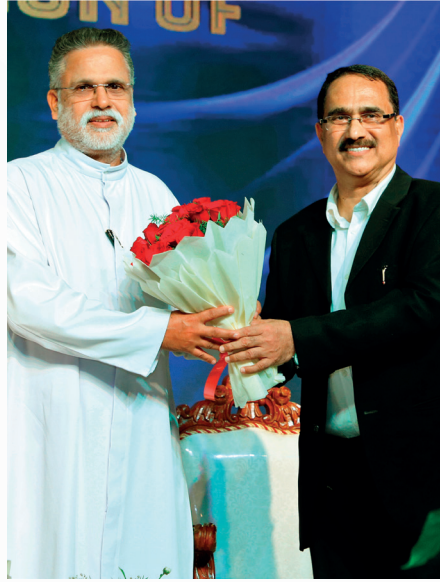
Welcoming the gathering, Dr. Ali Kumble, chairman, Indiana Hospital, said: “The success of the hospital was made possible only by God’s grace, the unflinching patronage of investors and the unwavering support of well-wishers and patients.”

Vedavyas Kamath, MLA, Mangalore South, AKM Ashraf, MLA, Manjeshwar, and BM Farooque – MLC also graced the occasion.

Abdul Latheef, vice-chairman, Indiana Hospital, proposed the vote of thanks. The cultural programmes that followed the formal function and dinner enthralled the audience.

INDIANA DECENNIAL CELEBRATIONS

A galaxy of distinguished guests graced the occasion





INDIANA HOSPITAL FETES EMINENT DOCTORS ON ITS TENTH ANNIVERSARY

MANGALORE – Indiana Hospital and Heart Institute, Mangalore felicitated four renowned doctors from Mangalore in recognition of their outstanding contributions in the field of healthcare. These doctors, Dr. K. V. Devadiga, eminent neurosurgeon; Dr. Menal Krishnaprasad, director, Adarsh Hospital, Puttur; Prof. Dr. Mohammed Ismail, consultant physician and professor of medicine, KMC, Mangalore; and Dr. M.K. Moosa Kunhi, director - Cardio Vascular Sciences,

Chief Cardio Thoracic & Heart Transplant Surgeon at Indiana Hospital, were honoured at an event to mark the decennial celebrations of Indiana Hospital held at Surya Woods in the city on March 19, 2022.

Hailing doctors for their selfless service, Dr. Yusuf Kumble, managing director and chief interventional cardiologist, Indiana Hospital, said, “We recognise their extraordinary contributions as they serve as an inspiration to us all.”



BEST DOCTOR AWARD GOES TO DR. ADITHYA BHARADWAJ



MANGALORE -- Dr. Adithya Bharadwaj, Consultant Physician, Diabetologist & Intensivist, was conferred upon the best doctor award by Indiana Hospital at the decennial celebrations held at Surya Woods here on March 19, 2022. Besides a citation, Dr Adhitya was gifted with a Hyundai i10 NIOS car.

Dr. Adithya was the most sought after doctor in the region during the pandemic. In his selfless service of providing healthcare to innumerable patients in the last 10 years, he has touched the hearts of many a patients. Overwhelmed by the huge appreciation, accepting the award he said this award was due to the collective efforts of many doctors who coordinated with him in treating covid patients.

A Critical Care Specialist and Internal Medicine Consultant at Indiana Hospital, Dr. Adithya obtained his MBBS in 2005 from Rajiv Gandhi University of Health Sciences, Bangalore, followed by Diplomate of National Board (DNB) – Internal Medicine from Southern Railway Hospital, Chennai. To add more skills to his

professional kitty, he did his Fellowship in Critical Care Medicine (ISCCM) at Apollo Hospitals, Chennai and capped it with MRCP (UK), MRCP (Lon) from the Royal College of Physicians, London. Thereafter, he joined Apollo Hospitals, Chennai as a Consultant, as a part of Chennai Critical Care Consultants Group. He has also worked as a consultant in InteleICU – a Chennai based Tele-Icu catering to ICUs across the country. His expertise is in Critical Care-Sepsis, Antimicrobials in ICU, Ventilation in patients with ARDS and Diabetes Melitus. He's working at Indiana Hospital for the past 8 years. Besides being the main Consultant Physician, Dr. Adithya is also the Chief Intensivist in charge of the Hospital's Critical Care unit which has a 12-bedded Medical ICU, 5-bedded High Dependency Unit (HDU) and a separate Isolation Room for Respiratory/Contact isolation. The unit handles all types of critical areas — cardiology, neurology, poly trauma/head injury, sepsis/multi organ failure — ARDS.

CHAITANYA BAGS BEST MANAGER AWARD

MANGALORE – Chaitanya V., Chief Financial Officer, Indiana Hospital, was adjudged as the best Manager by Indiana Hospital & Heart Institute, Mangalore. He was awarded a citation and a two-wheeler as gift on the occasion of Indiana decennial celebrations. A chartered accountant and company secretary by qualification, he has 15 years of experience, out of which about 7 years of experience is in the health care sector. He joined Indiana Hospital in December 2017.





PHOENIX RISES TO THE OCCASION

Indiana Hospital, as part of its decennial celebrations, had conducted various competitions (sports, quiz, dance, singing, etc) for its employees. Indiana Phoenix Team grabbed the first over-all prize while Indiana Spartans pocketed the second prize.



RECOGNITION TO INDIANA STAFF

With a view to appreciating employees' dedicated services, who have completed 10 years on roll, Indiana Hospital honoured 15 of them on the occasion of the hospital's decennial celebrations. Each staff was felicitated with a plaque and cash prize. The staff felicitated are: KOTIANKAR NAVIN, VENKATESH K, RAMESH NARASIMHA SHETTY, SANTHOSH N T, VINUTHA, VAJRAKSHI, KARISHMA, SOWMYA, BHAVYA, VASANTHI, SINDHU PRAKASH, POORNIMA SUVARNA, PRIYA, FLAVY IDA PERIERA, SHUBHA, V.P.VINOD, ANTHONY, ANIL KUMAR & DR. DEVANAND SHETTY.



CHALLENGING SURGERY FOR TUMOR AFFECTING SPINE PERFORMED AT INDIANA HOSPITAL

Mangalore — Surgeons at Indiana Hospital & Heart Institute, Mangalore, successfully performed a highly-challenging surgery on a 33-year-old male patient who had a large soft tissue tumor stuck to his lower spine.

The condition required the removal of the tumor along with a major part of the spine involving 2-3 vertebrae and a small part of the pelvis.

A surgery involving the removal of such tumors is generally associated with the major risk of temporary or permanent paralysis of the lower limb, spine instability, and at times, with the inability to completely remove this tumor. The Department of Orthopaedic Oncology led by Dr. Navaneeth S. Kamath and the Department

of Spine Surgery led by Dr. Hashir Safwan performed the marathon 14-hour-long surgery by successfully removing the tumor. The recovery has been uneventful and the patient is now able to function independently during the follow-up. The issue with this particular case was difficult surgical access with risks of possible damage to the spinal cord, the loss of spine stability and massive bleeding. Surgery is the mainstay of treatment for such types of cancerous tumor and any failure to remove the tumor completely can affect

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survival. The advent of better imaging modalities, the evolution of orthopaedic super-specialities, extensive pre-operative planning and teamwork at Indiana Hospital have made such surgeries possible, said Dr. Jalaluddeen, Professor and Head of the Department of Orthopaedics.

The supporting team of this surgery included Dr. Vinay Kumar, consultant surgical oncologist; Dr. Nikhil MP and Dr. Harish BG anaesthesiologists; and Dr. Nikhil Shetty, consultant plastic surgeon.





EXPERTS DISCUSS NEW TRENDS IN

CARDIOLOGY MANAGEMENT



Mangalore — Experts from the city discussed the latest advances and trends in cardiology at a seminar held at Gold Finch hotel here on April 10, 2022. Hosted by Indiana Hospital, the five sessions focused on different topics related to cardiology. Among the speakers were Dr. Yusuf Kumble, Dr. Abdul Mansoor, Dr. Purushotham, Dr. Padmanabha, Dr. M. Narayan Bhat, Dr. Basavaraj Utagi, Dr. Pradeep Perera, Dr. Jostol Pinto, Dr. Sayyid M. Khilar, Dr. Manish Rai, Dr. Manjunath Pandith, Dr. Prachi Sharma, and Dr. Adithya Bharadwaj.



OUR IN-HOUSE DOCTORS - 24x7

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